

# APPA Spring Conference

## April 25-27, 2025

## Tentative Agenda

### Friday, April 25

**12:00 p.m. – 1:00 p.m.**  
Conference Registration  
(Lunch is on your own)

**1:00 p.m. – 2:00 p.m.**  
Reducing Gun Violence  
*Jacqueline Maus Feldman,  
MD, DLFAPA, Professor Emerita,  
Department of Psychiatry and  
Behavioral Neurobiology, UAB  
Heersink School of Medicine*

**2:00 p.m. – 3:00 p.m.**  
Buprenorphine Update  
*Li Li, PhD, MD, Professor, Department  
of Psychiatry and Behavioral  
Neurobiology, UAB Heersink School of  
Medicine*

**3:00 p.m. – 3:30 p.m.**  
Break with Exhibitors

**3:30 p.m. – 4:30 p.m.**  
Intro to Transplant Psychiatry  
*Amanda Pomerantz, DO, Assistant  
Professor, Department of Psychiatry  
and Behavioral Neurobiology, UAB  
Heersink School of Medicine*

**4:30 p.m. – 5:30 p.m.**  
Are you Suffering Enough Yet? The Pain  
Paradox  
*Godehard Oepen, MD, PhD, DLFAPA,  
Medical Director, BHS*

**5:30 p.m. – 7:00 p.m.**  
Reception with Exhibitors

### Saturday, April 26

**7:00 a.m. – 8:00 a.m.**  
Breakfast with Exhibitors,  
Poster Viewing

**8:00 a.m. – 9:00 a.m.**  
The Future of Organized Psychiatry:  
Challenges and Opportunities  
*Steve Koh, MD, MPH, MBA, Director,  
Community Psychiatry Program,  
UC San Diego Health*

**9:00 a.m. – 10:00 a.m.**  
Management of Attention Deficit  
Hyperactivity Disorder  
*Janaki Nimmagadda, MD, FAPA,  
Associate Professor, UAB Huntsville  
Regional Medical Campus*

**10:00 a.m. – 10:30 a.m.**  
Morning Break with Exhibitors,  
Poster Viewing

**10:30 a.m. – 11:30 a.m.**  
CBT for Insomnia  
*Christina Pierpaoli Parker, PhD,  
Assistant Professor, Department of  
Psychiatry, UAB*

**11:30 a.m. – 12:30 p.m.**  
Gas Station Pharmacology  
*J. Luke Engeriser, MD, DFAPA, Deputy  
CMO, AltaPointe Health*

**12:30 p.m.**  
Legislative Update (No CME)  
*Evans Brown, Manager, Government  
Relations and Public Affairs, Medical  
Association of the State of Alabama*

**12:45 p.m.**  
Business Meeting and Poster Awards

### Sunday, April 27

**7:00 a.m. – 8:00 a.m.**  
Breakfast

**8:00 a.m. – 9:30 a.m.**  
Integrating Therapy into a Psychiatry  
Practice: A Case Study Presentation  
from Alabama's Residencies  
*Judith Bowen, MD, DLFAPA,  
Psychiatrist, Birmingham  
Stephen Kowalski, MD, DLFAPA, Child  
Psychiatrist, Birmingham  
John Olson, DO, Psychiatrist,  
AltaPointe Health  
Ethan Wainblat, DO, MS, Resident,  
Behavioral Health, North Alabama  
Shoals Hospital  
Cassie Wicken, MD, MHS, PGY-3, UAB  
Department of Psychiatry*

**9:30 a.m. – 9:45 a.m.**  
Break

**9:45 a.m. – 10:45 a.m.**  
Navigating the Prescription Drug  
Monitoring Program  
*Nancy Bishop, RPh, State Pharmacy  
Director, Alabama Department of  
Public Health*

**10:45 a.m. – 11:45 a.m.**  
Management of Inappropriate Sexual  
Behaviors in Dementia  
*Ashish Sarangi, MD, University of  
Missouri*

**11:45 a.m.**  
Evaluation/Adjourn

### Accommodations

Room rates at The Lodge at Gulf  
State Park begin at \$229 per night.  
Call (800) 618-4350 and mention  
the Alabama Psychiatric Physicians  
Association room block or find the  
link to book online at [tinyurl.com/  
APPA2025Lodge](http://tinyurl.com/APPA2025Lodge). The deadline to  
reserve a room is March 25, 2025.

### Registration

Register online at [www.tinyurl.com/APPA2025SpringConference](http://www.tinyurl.com/APPA2025SpringConference) or print a  
registration form at [www.alabamapsych.com/physicians](http://www.alabamapsych.com/physicians).